



My Expedition Presentation Bronze / Silver / Gold

This is your expedition report and must be completed and scanned in to edofe to PASS:

1. *Fill it in individually (i.e. one each), honestly, completely and properly.*
2. *Be accurate and add accurate details about your hike (e.g. dates, camp sites etc)*
3. **SCAN/upload photo to eDofE. submit as evidence to pass your expedition**

Your name

List names in your group

Location of your expedition (e.g. "North Downs")

Start:

End:

Start date of your expedition (day, month, year)

Expedition Objective = "to complete our expedition independently, with no outside assistance"

You must type the above Objective into your edofe page for qualifying expeditions

Expedition Aim:

Write your own Aim above and then type it into your edofe page to qualify

Your expedition reflections: write in sentences...

What did you find hardest about the trip and why?

What was easiest about the trip and give reasons why?

What items of equipment worked best for you? Give reasons why?

What equipment worked least well and why?

Overall, how would you improve your expedition next time?

What else did you learn from your expedition regarding your Aim?

SCAN THIS INTO EDOFE

Expedition Self Assessment

Now answer all 25 questions and give yourself a score (1-3) for each one.

| | 1 | 2 | 3 |
|---|----------------------------------|------------|------------------------------------|
| 1. How well did you check your kit properly before the hike? | Not at all | A bit | Thoroughly |
| 2. Who packed your rucksack? | Not me | Shared it | Me |
| 3. Were you ready to leave in the morning? | No | Sort of | Yes, absolutely! |
| 4. Did you forget anything? | Yes, several things | Not much | Nothing at all |
| 5. Were you on time to checkpoints? | No, often late | mostly | Yes, always on time |
| 6. Did you miss any check points? | Yes, some | Not many | None |
| 7. Overall, how would you rate your map reading as a group? | Poor | Adequate | Brilliant! |
| 8. Did you share map reading? | No, 1 or 2 people did most of it | A bit | Yes, we all had a go |
| 9. Did you use a compass successfully? | No | A bit | Yes |
| 10. Did your group get lost? | Yes | | No |
| 11. Did your group work well as a team? | No | Off and on | Yes |
| 12. Did your group help each other out? | No | Sometimes | Yes, always |
| 13. Did anyone moan a lot or complain? | Yes | some | No one at all |
| 14. Did you always keep together when walking? | No, rarely | Sometimes | Yes, always |
| 15. Was your rucksack packed comfortably? | No | | Yes |
| 16. Was your clothing adequate? | No, I got wet &/or cold | Sort of | Yes, I was dry and warm throughout |
| 17. Did you have enough food? | No, I was hungry | Just! | Yes, plenty |
| 18. Was your food nice? | No | OK | Yes |
| 19. Did you pitch your tent properly? | No, it didn't go up well | OK | Yes, it was well pitched |
| 20. Did your tent leak? | Yes | A bit | Not at all |
| 21. Was your camp site always clean and tidy? | No, a mess | Mostly OK | Always tidy |
| 22. Did you leave any rubbish? | Yes | Some | None at all |
| 23. Were you on time leaving the camp site? | No, we were late | Just about | Yes, spot on time. |
| 24. Did you get blisters? | Yes, my feet were terrible! | A few | None at all |
| 25. Did you dry out and clean equipment straight away after the trip (yours and or school)? | No | Sort of | Yes |
| | 1 | 2 | 3 |
| ADD UP YOUR SCORE: WRITE TOTAL HERE = | | | |

Your score:

- **25 – 30:** Oh dear! Your expedition sounds like it was a disaster. Perhaps you were just unlucky but you probably need to work together as a team and get yourself organised to make it a more enjoyable experience.
- **31 – 50:** You're getting there! Most things seemed to work OK but there are areas which need to be improved. Read the RGS Expedition Guide again.
- **51 – 70:** Well done! A good score which shows you spent time organising yourself and your team. Look carefully at those areas that scored low.
- **71 – 75:** Wow! That's impressive. Mount Everest or the Sahara Desert...here you come! The world is your oyster!